



ALLERGY & ASTHMA ASSOCIATES, INC. 513-793-6861
10597 Montgomery Rd., Suite 200, Cincinnati, OH 45242
7144 Office Park Dr., West Chester, OH 45069

January 5, 2024

Dear Patient,

Insurance coverage of medications changes every year. In addition, there is no way for physicians to know what your particular policy prefers. More recently, only a select few daily asthma inhalers are covered by a particular insurance and some of these are back ordered or may not be the best for you or your child.

We need your help to eliminate the guesswork and get you the appropriate medication the first time. You can do this by letting us know which inhaled steroids are preferred on your formulary.

You can access your formulary by calling your insurance company or going to their website and making an account. You will need your insurance card and some personal information to do this. There may also be an app for your smart phone that can facilitate retrieval of this information as well.

Please circle the following inhaled steroids that are preferred on your formulary:

Brand name:

Monotherapies:

Alvesco
Armon Air
Arnuity
Asmanex
Flovent
Pulmicort
QVAR

Combination Therapies:

Advair
AirDuo
Breo
Breztri
Dulera
Symbicort
Trelegy
Wixela

Generic:

Monotherapies:

Beclomethasone
Budesonide nebulizer solution
Budesonide DPI
Ciclesonide
Mometasone
Fluticasone propionate (diskus, HFA, respiclick)

Combination Therapies:

Budesonide/formoterol
Fluticasone/salmeterol (diskus, HFA, respiclick)

Please also note that the generic inhaled steroids may be significantly less expensive through GoodRx.

There are acceptable alternatives to all of the medications listed above and we will send the medication that is the most appropriate for your condition that is preferred on your formulary.

Due to the amount of time and resources prior authorizations require, there will be a \$50 fee to complete any prior authorization that is requested by the patient or insurance company to allow a specific medication. (Please be aware that not all prior authorizations are approved.) This fee will be waived if the acceptable alternative medications have been tried and failed.

We appreciate your assistance navigating through these changes.
Sincerely,

John A. Eckman, M.D., FAAAAI
Steven A. Sutton, M.D., FAAAAI, FAAAAI